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## Olive Oil: Teach Me Everything I Need to Know Learn about Olive Oil in 30 Minutes (Paperback)

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Discover All You Need To Know About Olive Oil in Just 30 Minutes? BONUS - Get Your Free 10,000 Word Report on the Top 12 Superfoods Learn The Numerous Health Benefits Of Olive Oil Which Can Really Boost Your Daily Health Olive oil has been considered as the richest gift that nature has provided us. It is proclaimed as one of the healthiest foods on planet earth. This short guide on olive oil tells you all that you wanted to know about this liquid gold. Use it for health, beauty or taste - this book explains how! The book begins with an introduction to olive oil and explains why extra virgin olive oil is considered the best. You then get to understand the many benefits of this oil along with a summary of facts. You also get the olive oil tasting guide that can equip you with the best tasting skills aimed at helping you judge the quality of oil. You also get an understanding of all the popular myths associated with this oil along with a logical...



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