



## Double Trouble: Twins and How to Survive Them

---

By Emma Mahoney

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Double Trouble: Twins and How to Survive Them, Emma Mahoney, This indispensable guide to multiple pregnancy, birth and beyond, comes from an expert on the subject - Emma Mahony is a twin herself as well as being the mother of twins. Humorous cartoons from the Times' front-page cartoonist make this a lighthearted, informative guide to everything expectant mothers of twins need to know. Twins are amazing - but multiple pregnancy and birth, not to mention coping with twins once they are born, carries a set of special fears, risks and issues. Many parents-to-be find themselves overwhelmed. This guide is informative yet informal - in a similar vein to 'Best Friends Guide To Pregnancy'. The author is uniquely experienced in this subject, being a twin and also a mother of baby twins. Contains advice from pregnancy and childcare experts as well as case studies. Illustrated inside with humorous cartoons from Jonathan Pugh, father of two and front-page cartoonist at The Times. An exploration of practical issues such as eating for three, managing breastfeeding, and the trend towards Caesareans for NHS twin births. \* Any special concerns? The unnecessary label of 'high risk' in...



**READ ONLINE**  
[ 4.01 MB ]

### Reviews

*This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.*

-- **Lillie Toy**

*It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.*

-- **Miss Marge Jerde**