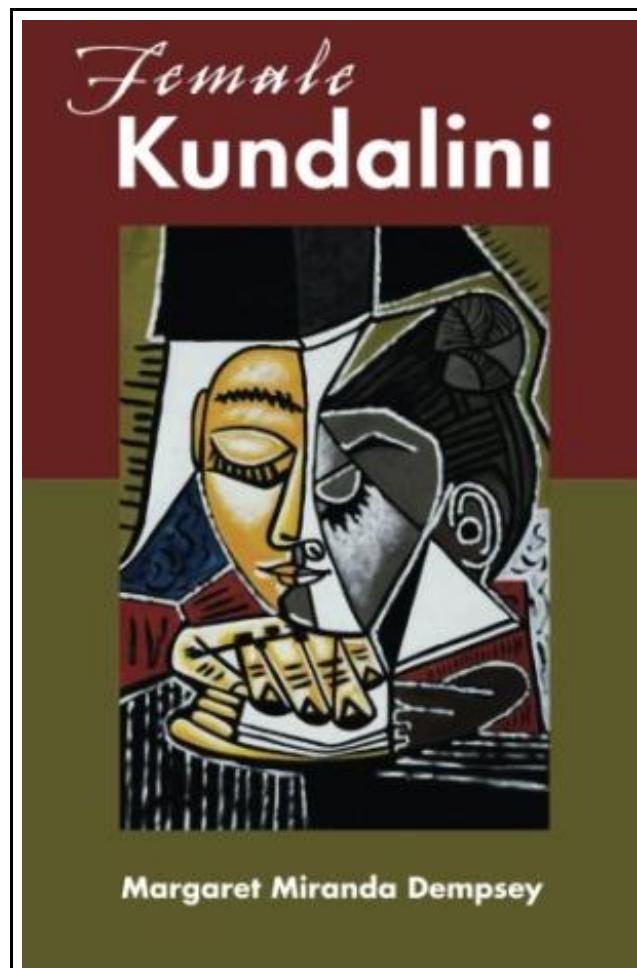


## Female Kundalini (Paperback)



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### Reviews

*This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Ms. Ora Buckridge)*

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Life Force Books, United States, 2014. Paperback. Book Condition: New. 220 x 142 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Female Kundalini is first and foremost the true story of my spiritual journey, my Alpha to Omega. I have striven to make it as authentic and true as possible. It's entitled Female Kundalini because Shakti is female, and even though Shakti is female, each of us - male or female - share this energy. I am a female and have experienced Kundalini so Female Kundalini is an appropriate title. The book describes my experiences, and it is only through experiences that I am able to summon the authority to speak on this topic. I don't offer techniques or methods to awaken Kundalini because I don't advocate using techniques or methods beyond attending Kundalini yoga classes. I don't guarantee that if someone were to do the same things I have done, either intentionally or unintentionally, that he/she would achieve at the same results. What I do know, and would stake my life on, is the universality of the life force energy that lies within. I didn't recognize that I was on a spiritual path until Kundalini rose. The book reflects this perspective, me, looking back over the events of my life: where I started and where I am now. Since 1998 when Kundalini rose for the second time, I have been much more aware of this path. Up to that time, studying Buddhism and pondering continuously was more like a hobby than something that I was ever going to experience. Nevertheless, because a part of me committed unconsciously to this path when I was young, I have always taken jobs that haven't exhausted my energy. Maintaining my integrity and paying...

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